

Sandhills Teen Challenge

Where Lives Are Changed
Entrance Requirements Packet
Student Manual

Sandhills Teen Challenge
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Sandhills Teen Challenge Mission Statement

- To help people who have life controlling problems, and initiate the discipleship process to the point where the student can function as a Christian in society, applying spiritually motivated Biblical principles to relationships in the family, local church, chosen vocation, and the community. Teen Challenge endeavors to help people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive.

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What Teen Challenge Offers

- Discipleship Courses
- Chapel – Praise & Worship
- Life Consulting/Biblical Coaching
- Prayer
- Devotions
- Work Ethic Training
- Computer/Keyboarding Skills Training
- Recreation
- Dorm Living
- Meals
- Choir & Drama
- Church Attendance
- Opportunities for evangelism/outreach
- Social Skills Development

Entrance Requirements for
Sandhills Teen Challenge
P.O. Box 1701
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910.947.2944 Fax 910.947.2001

These requirements must be fulfilled prior to entrance into the Teen Challenge program:

- 1) Males, ages 18 years and older with a drug or alcohol problem; other life-controlling problems (Especially addiction to chemicals or other self-abusive behaviors) will be considered. Any male over 18 years old who is willing to commit to working our discipleship program who is not severely emotionally or intellectually handicapped in a way that would inhibit his participation and is not currently under the influence of mind or mood altering drugs will qualify for admittance. Persons ineligible for admissions will be referred to other more appropriate resources.
- 2) The individual desiring help must have a phone interview with the Intake Director, Debby DiBianca, after he has read through the Entrance Requirement Packet, to see if he qualifies for the program.
- 3) A physical examination is required and the Health Screening Form that is provided in this packet must be completed and signed by a physician. The lab work for the following tests need to be sent in or faxed to Debby DiBianca before an admission date will be given; RPR, Liver function test, TB skin test and an updated tetanus shot. The entire Health Screening Form must be filled out. Prospective Students must also have been detoxed, if needed, and sober upon admission.
- 4) What does the program cost?
 - \$750.00 entrance fee (non-refundable after admittance).
 - Sandhills Teen Challenge will help each student establish a Good Samaritan Fund to help underwrite the cost for the ministry to operate while he is a resident. (This is not a student fee.)
 - Sandhills Teen Challenge will assist each student in contacting interested parties (family, friends, church, etc) who may be willing to help by making monthly donations to the Good Samaritan Fund.
 - An additional \$240.00 will be needed in 3 months for transfer to the Teen Challenge Training Center in Pennsylvania. These are the student's finances for transportation to and from Pennsylvania.
- 5) While on the waiting list, the individual desiring help must call every Monday to secure his spot on the waiting list. If we don't hear from him on Mondays, he will either be dropped down a spot or be taken off the list entirely.
- 6) Each new student will be on a two-week trial period. If the student does not adhere to the rules of the program, he will be subject to dismissal.
- 7) Student must bring two forms of ID with him. A Social Security Card is mandatory and either a driver's license or picture ID. They will be kept in his file.

Sandhills Teen Challenge Introduction for Program Applicants

The Sandhills Teen Challenge leadership are pleased to hear you have recognized that your life is out of control and that you want to change. We are glad that you are considering the Teen Challenge program as a vehicle to help you change. Today, there are many people like yourself who are living productive lives as a result of choosing Teen Challenge and fulfilling their commitment to complete the program.

It is our desire that you fully understand the Sandhills Teen Challenge program prior to enrollment so you can be sure you are entering the right program.

Sandhills Teen Challenge is based upon the fact that man's basic need is a relationship with God through Jesus Christ. People use drugs and alcohol in an attempt to fill the void in their lives that only Jesus can fill. When Jesus is genuinely received as Lord and Savior of a person's life, a total transformation will follow. By that we mean the person's life will radically change. Jesus is not just interested in whether or not you go to church or "have said a prayer." He must be Lord of all of your life. In fact, He will deal with your attitude and the motives of your heart.

Therefore, Sandhills Teen Challenge is not a laid-back, glorified drop-in center. It is a type of "spiritual boot camp" for men that want to be free from life-controlling habits and become alive to God. It will not be easy; in fact, completing the program (approx. 14 months) will probably be the toughest thing you have ever done in your life. The Induction Phase is 4-6 months; then, we will transfer you to the Teen Challenge Training Center in Rehrersburg, Pennsylvania, where you will be for 10 months.

Teen Challenge is governed by love, tough love. It is not always easy, soft love. At times, this love is demonstrated by leadership members confronting you with things you don't want to hear. They are willing to risk temporary rejection because it is for your ultimate good. Our goal is not to pacify you or to try to make you happy, but rather to teach you how to live and walk with God. The Bible teaches that a happy, blessed life is a by-product of a right relationship with God.

Upon entering Teen Challenge, you will soon discover it is not the perfect place nor is it full of perfect, easy-to-get-along-with people. There are 30-38 students in the program and most of them have as many problems, bad habits, and defense mechanisms as you do. However, there is no better place to develop inter-personal skills and to grow in patience and love (which are Godly virtues) than here at Teen Challenge.

In the classroom (academic and spiritual), you will be required to participate up to your ability. Please do not let this scare you if you are not real confident in your learning ability. Many of the students have difficulty with reading, writing, and spelling. The leadership is available to help.

GENERAL POLICIES

*RESPECT YOUR COMMITMENT TO GOD AND THE PROGRAM

*RESPECT YOURSELF

*RESPECT OTHERS

*RESPECT THE PROPERTY

- 1) All local laws must be kept.
- 2) Possession of drugs, alcohol, tobacco materials, or weapons of any kind, including knives and scissors are prohibited.
- 3) By virtue of your enrollment in Sandhills Teen Challenge, you have agreed to submit (live by) the rules of the program. 24-hour supervision is maintained.
- 4) Everything here is God's property and you are expected to treat it as such. Only leadership are permitted to operate equipment including air conditioners, heaters, fans, sound equipment/instruments. You are asked and expected to protect, maintain, and conserve the buildings, vans, any equipment, and the utilities.
- 5) The Bible teaches us to put off the flesh (old way of living) and not put stumbling blocks before others. Therefore, bragging about your past life and talking or singing about the counterculture (drugs, rock n'roll, partying, sexual experiences, etc.) is prohibited. Furthermore, the leadership reserves the right to dispose of or send home any personal items that might hinder the successful attainment of the above in your life or in the lives of those around you. (All drug related articles are prohibited – posters, shirts, incense, etc.) Bulletin boards are for STC information posting only.
- 6) Everyone must follow the daily schedule and be on time to each activity. If tardiness is unchecked it leads to poor habits so it will result in disciplinary action.
- 7) Morning Prayer is a time to seek & talk with God. You are to be kneeling beside your bed praying. You should not be writing letters or studying for your test at this time. Prayer lists are encouraged.
- 8) You are not allowed to have money on your person or in your belongings at any time. All money, billfolds, and luggage will be stored in your name in the Administrative Office. If you desire to know the amount in your account or need personal items, a leadership person will purchase them for you in a timely manner after a Student Request Form is filled out and turned in.
- 9) The following are not permitted at Sandhills Teen Challenge: cell phones, candy, gum, vitamins, teeth whitening, vehicles, radios, CD, Ipods or **music** players, TV's, flashlights, reading lamps, permanent markers, glues, art supplies, water bottles and personal cups. In addition, personal books, magazines or any other printed material is not permitted. Only a Bible and the teaching materials that are provided by Sandhills Teen Challenge are allowed.
- 10) 1st month students are not permitted to be together in pairs either on or off campus and must be in the company of 2nd, 3rd or 4th month students at all times.

CLASSROOM

- 1) Completion of the 14 Group Studies classes and 2 Personal Studies contracts are required for transfer.
- 2) Failing a Group Studies course or incompleteness of the study guide will result in additional time in the program to attend the class again and successfully complete the course. All classes must be attended. The Study Guide must be completed before being eligible to participate in Saturday morning recreation.
- 3) Each Personal Studies contract must be completed in eight weeks. This means you are expected to complete 1/2 of each contract per month. Failure to do so will result in academic discipline. If you are academically handicapped, staff will assist you and you will be only expected to do the best you can. Students are expected to work at their desk. Feet on furniture and lounging are prohibited.
- 4) You are expected to be seated in class 2 min. early, show respect to the teacher and other students by being attentive and participating in class. You must raise your hand to ask questions and receive permission to speak or use the restroom. Talking to other students after class has started is not permitted.
- 5) Study hall is a quiet time at your desk and talking is not permitted except to ask your instructor questions relating to your studies. Permission must be obtained from your instructor to use the restroom.

Group Studies for New Christians

A quick look at the Bible
 How to study the Bible
 Obedience to Man
 Growing through failure
 Successful Christian living
 How can I know I'm a Christian
 Love and accepting myself
 Personal relationships with others
 Obedience to God
 Anger and personal rights
 Spiritual power and the supernatural
 Attitudes
 Christian practices
 Temptation

Personal Studies for New Christians

Personal studies is an individualized series which consists of:

- 1) Character Qualities
- 2) Scripture Memorization
- 3) The Lesson Series
- 4) Bible Reading and Summary

Each study course is designed to involve the students in discovering practical ways to apply Biblical truths to problems and challenges facing them today

CHAPEL/PRAISE & WORSHIP

- 1) Chapel is a time of reverence to the Lord and everyone is expected to participate in worship, focusing your attention on the Lord and those conducting the services. You are expected to dress appropriately, bring your Bible, take notes, and be there five minutes prior to chapel time having already used the restroom.
- 2) The time prior to service is to be used to pray and prepare yourself to seek God.
- 3) Talking during Chapel or leaving is not permitted until service is over.

LIFE CONSULTING/BIBLICAL COACHING

- 1) Consulting is provided in group sessions in “Group Studies for New Christians” and chapel services as well as personal consulting by an instructor through the Personal Studies for New Christians.
- 2) You will also be assigned a personal consultant for bi-monthly meetings. If additional consulting is needed, you will be seen upon request.
- 3) If your consultant is unavailable, you may speak with your secondary consultant or any leadership personnel on duty in case of an emergency.
- 4) If you need to speak with the Director, you must fill out a student request form to do so.

OFF CAMPUS ACTIVITIES

- 1) All students must assemble in the living rooms in the dorms 5 minutes prior to the announced departure time for all off campus activities. Please use the restroom before departure time.
- 2) Everyone must stay together as a group. All students sit together. Special permission must be obtained from the leadership on duty to leave the group at any time (to use the restroom, etc.). 1st & 2nd month students must partner with a 3rd or 4th month student. You must always be with a partner—never alone.
- 3) At all services you are expected to focus your attention on those conducting the service, not staring at the people around you.
- 4) Talking during or prior to church services is not permitted. The 15 minutes prior to services is to be used to pray and prepare yourself to seek God.
- 5) Students are encouraged to respond to altar calls. When responding to go forward, tell the senior leadership personnel present and he will provide permission. Testimonies are not to be given without approval from the leadership. Questions about service text should be directed to a leadership member once we return home.
- 6) Students are not permitted to speak with the opposite sex, visit with, give or receive phone numbers or addresses from anyone they meet during any type of service. To help churches be good stewards of resources, we request that you do not fill out visitor cards, take church pens or bulletins.
- 7) Dress code: Sunday—dress shirt, tie, dress jacket (optional), dress pants, and dress shoes. Wednesday—slacks, collared shirt (with or without sweater), and dress shoes. No jeans or work clothes allowed at church. If we have a service that we are involved in, Teen Challenge shirts are mandatory unless instructed otherwise. Clothing should be ironed and ready a day before service.

WORK ETHIC TRAINING

- 1) Everyone is expected to be on time for work and put tools away when job is completed.
- 2) Complete your chores or work assignments to the best of your ability 3 times a day.
- 3) After completing an assignment, you are expected to report to your supervisor for another assignment.
- 4) Your work will be evaluated in two areas: performance and attitude.

RECREATION

- 1) Recreation is an important part of the program and is scheduled for your physical, emotional, and spiritual health. No recreation, exercise or sports on Sundays.
- 2) Everyone is required to participate in the 15 minutes of calisthenics and organized sports programs. You are required to be on time, to wear tennis shoes and be dressed appropriately.
- 3) You may be eligible to use the weight machine after 60 days. Upon approval it may be used for 1 hour from 7:30pm to 8:30pm at recreation on Tuesday and Thursday, Saturday 2pm-3pm.
- 4) All weights & recreation equipment must be put away properly at the end of recreation time.

DORM

- 1) Absolutely no one is allowed in another student's room or to stand in their doorway.
- 2) At wake-up, you must be out of bed within three minutes. Beds are made before breakfast.
- 3) Rooms must be kept clean, neat, and organized at all times and may be checked at any time. You will be graded on room cleanliness. You are not permitted to rearrange furniture anywhere at any time. Only Bibles are to be on your desk when you are not in the room.
- 4) Everyone will be assigned a chore. If chores are not completed properly, you will be required to complete it properly during your own time. All cleaning solution must be mixed by leadership only.
- 5) You are permitted to lie on your bed after 9:30 PM. Sleeping or lying around is not permitted anywhere during the day unless you are sick. 9:00-9:20 PM devotions are to be done at your desk. You are not permitted to lie down or sleep in the dayrooms.
- 6) Family pictures must be stored in your desk drawer not your Bible. All other pictures are prohibited.
- 7) Students may not share or trade anything with other students. If you have a need for anything and cannot afford it, STC will assist you. You will be allowed one visit to the blessing room.
- 8) You must close your door and turn off your light each time you leave your room.
- 9) You are expected to be in your room at 9:30 PM and lights are to be turned off at 10:00 PM. All personal business should be done before the 9:30 PM quiet time. You should not be heard from hallway.
- 10) From 10:00 PM until 6:00 AM you are expected to remain in your room. If you are found anywhere other than your room or the bathroom, you will be considered off premises without permission. Showers are not permitted before wake-up. No talking after 10:00 PM.
- 11) No loud talking or congregating to talk in hallway or bathroom. You may socialize in the day room or you may socialize in the gym upon approval. You are expected to be considerate when people are sleeping.
- 12) Bare feet are not permitted at all in the bathroom or in the halls.
- 13) You must be fully dressed before leaving your room (shirt, pants, shoes). Bathrobes are required if you are on your way to the shower. Sleeveless shirts are prohibited.
- 14) Windows and blinds are to remain closed at all times unless approved by leadership. You are not permitted to walk around in your underwear.

LAUNDRY ROOM

- 1) Laundry must be placed in the laundry room by 7:45 AM. Items will only be washed on scheduled days. Shoes, clothes that are turned inside out or knotted up will not be washed.
- 2) Only the assigned laundry man is permitted in the laundry room to do laundry. Laundry soap will be provided for the normal washings.
- 3) You are expected to do your ironing in the designated area in your free time and not in your room. Sewing may be done to mend clothes only. Shoes may be polished or cleaned on porch area only.
- 4) You are allowed 2 loads per week. Every other week you are allowed 3 loads including your sheets.

PERSONAL APPEARANCE

The Bible says in Romans 12:2, “and be no more conformed to the patterns of this world.”

This means no baggy, saggy pants, untied shoes, toboggans, bandanas,
or anything that identifies you with the drug culture.

- 1) Everyone is expected to shower and shave daily before breakfast, using soap. Personal uncleanliness will not be tolerated. Showers are to be limited to 3 minutes.
- 2) Your hair must be moderate in length, not in your eyes, halfway covering your ears, and not laying on your collar. Beards are not allowed. You may not give yourself or another student a haircut (including shaving your head), bleach, or dye your hair while at Teen Challenge.
- 3) Clean and appropriate clothing must be worn at all times. Shirrtails must be tucked in and shoes and socks are required at all times. Flip-flops and socks are permitted only in the dorm. Dress pants, shirts, and ties are required for church. No wrinkled or torn clothing is permitted. Shorts may not be worn outside from October to May.
- 4) White t-shirts are not allowed. Sweat shirts and pants, or shorts are not permitted in the classroom, chapel, or dining hall. Tank tops and sleeveless shirts are prohibited at all times.
- 5) In cold weather, all students must wear a jacket and appropriate clothing.
- 6) Hats and sunglasses may be worn for protection from weather and sun only and are prohibited in the buildings. No toboggans unless otherwise approved.
- 7) Leave your jewelry at home (bracelets, rings, necklaces, etc.). Watches & wedding rings are permitted.
- 8) Ear or body piercing is prohibited at Teen Challenge.

GENERAL BOUNDARIES

- A. The general boundaries which encompass the area where the students may move freely during daylight hours are as follow:
 - a. The parking area and the area immediately surrounding the front of the dormitories.
 - b. The general rule is: use the front entrances and exits. Stay Where You Can Be Seen.
 - c. Students may not roam the woods or field unattended.
 - d. Dorm side of lake only upon approval from staff on duty.
 - e. Back lake is out of bounds.
 - f. You are prohibited from entering a dormitory you are not assigned to.
 - g. Never walk up to the front gate or roadside.

- B. All offices, storage rooms, and the kitchen are off limits to students unless assigned to work there. In that case, students so assigned may be in those areas only during scheduled work times. You must receive permission from the leadership on duty to go to the office.
- C. After dark, students must have permission from leadership to walk from building to building.
- D. When anyone “appears” on the property, inform a leadership member immediately.
- E. Leaving the grounds or being out of the boundaries without permission is interpreted as a decision to terminate your involvement with Sandhills Teen Challenge. Breaking this rule will constitute automatic dismissal.

DINING ROOM

- 1) All meals will be served in the dining room at the scheduled times. You are expected to be at all meals on time unless you are laid in sick.
- 2) Each student must eat all the food on his plate. You may refuse any food or request smaller portions of any item. It is unacceptable to throw away food. No seconds will be served.
- 3) Students are not allowed to share food or drinks (for protection from communicable diseases).
- 4) Only those students having assigned kitchen duties are permitted in the kitchen.
- 5) Students assigned to the kitchen are not to consume food or drink while on duty.
- 6) You are expected to return your tray to the dirty dish container and throw away your trash. If you make a mess, you are expected to clean up after yourself.
- 7) No food or drinks are allowed out of the dining room area.
- 8) If you desire to fast a meal, please turn a student request to the drop box with an explanation of why you would like to fast by noon the day before you desire to fast.
- 9) You must get everything you need for a meal the first time through the line. You must ask staff on duty to return to the kitchen for any reason including the assigned kitchen crew.

MEDICAL & MEDICATION

- 1) Sandhills Teen Challenge is a drug-free facility. Only non-narcotic medication prescribed by a physician and over-the-counter medicine for minor illnesses provided by Teen Challenge will be administered. Vitamins and personal medicines are prohibited.
- 2) All prescribed medication will be stored in the administration building according to state law and will be given out by leadership on duty 10 minutes prior to breakfast, lunch, and dinner unless otherwise prescribed.
- 3) Sandhills Teen Challenge is not a medical facility; therefore, any major medical problems that may arise while you are here will constitute release from the program and referral to a medical facility of your choice for treatment at your expense.
- 4) If you are sick:
 - a. You must personally tell the leadership on duty to obtain permission to stay in bed.
 - b. You must remain in bed all day. You will be served cereal & juice for breakfast & soup & crackers for lunch and dinner in bed.
 - c. Students needing over-the-counter medication for headaches or minor illnesses will need to turn in a written explanation and request. They will be seen by a leader and given the appropriate medication and

assigned to bed for the day.

TELEPHONE AND MAIL POLICIES

- 1) You may call your family after two weeks. Special consideration will be given to those who do not have family. Calls are limited to one 15- minute call per week. Calling cards are allowed.
- 2) Phone calls are made on Saturday and Sunday only, between 10 AM and 5 PM. Married men with children will make calls first. Calls will be made on a first come, first serve basis.
- 3) While calls are being made students are permitted in the main building and dormitories only.
- 4) All calls must be dialed by leadership and logged. No third party calls allowed. Phone cards are allowed.
- 5) It is your responsibility to hang up the phone at the end of the 15 minutes.
- 6) The names, addresses, and phone numbers of your family members or other approved correspondents must be recorded for your file. Mail received from persons not on your approved list, will be returned to sender with permission from the student. Mail is given out Monday- Friday at 4:30pm.
- 7) All incoming and outgoing mail must have a return name, address and will be monitored. All mail must be deposited in the Student Mail Box.
- 8) Incoming mail will be monitored and all students' personal money will be deposited in the students account by the administrative leadership and kept in the Administrative Offices.
- 9) Girlfriends and fiancées are not permitted on phone, mail, or visitation lists at any time while you are a student at Sandhills Teen Challenge.

VISITATION

- 1) Visitation is the first Saturday of the month from 1-5 PM with approved immediate family only after 1 month as a resident in Teen Challenge. Only approved family may visit, a maximum of six (6) per visitation. Food can be brought for picnics. No tobacco, cell phones, animals, music instruments, recreation equipment or barbeques are permitted. We will provide recreation games & equipment.
- 2) Visitors are expected to follow the general rules. Family members are prohibited from smoking and cigarettes must not be displayed in the view of the public (dashboards, etc.).
- 3) Visitors must stay in the visiting area on campus. No visitors are allowed in the dorms or student's rooms. It is the student's responsibility to inform family of the visitation boundaries.
- 4) Visitors are expected to check in any money, personal property, and gifts to students through the leadership person on duty. A visitation gifts form will be filled out itemizing each article and the amount of money, which was left. The leadership on duty and the giving parties must sign this. The gift articles will then be given to the student and the money will be put in an envelope to be deposited in the student's account by the Administrative Office personnel on Monday. It is the student's responsibility to inform their visitors if they are unaware of this policy.
- 5) Inappropriate dress or physical contact between a student and his wife or any visitor is prohibited.

6) Students that do not have visitors are not permitted to visit with other families.

DISCIPLINE

Corporal discipline shall be prohibited. Physical restraint may be used by local authorities if a student becomes out of control. Students shall not be subjected to any harsh, cruel, or excessive discipline.

- 1) All infractions of the rules will be written up.
- 2) Write ups will not always result in disciplinary action, but may result in a written warning.
- 3) Minor offenses are violations of any of the policies and procedures such as leaving light on, tardiness, talking during study hall, etc.
- 4) Major offenses are being out of bounds, using foul language, any verbal or physical threat, or any repeated infraction of any of the policies and procedures.

STANDARD DISCIPLINES

- Initial written warning
- Loss of recreational privileges. This includes the pond and rec. field, and writing assignments.
- Loss of recreational privileges, see above, writing assignments & 4 hours work duty on Saturday.
- Loss of privileges for one week, including phone call and 4 hours work duty on Saturday.

Visitation will be denied if you are on discipline

*If a student receives more than three (3) infractions in a one (1) week period, it may result in losing a phone call.

*If a student receives more than eight (8) infractions in a one (1) month period, it may result in losing your visit.

***You must complete the discipline follow-up form and be informed by your life consultant that you are no longer on discipline.

Discipline Policy: You are required to work on writing assignments during recreation until you have completed them. You should be sitting alone and there should be no talking during this time.

Discipline will be determined according to the attitude of each individual.

WITHOUT EXCEPTION, IMMEDIATE DISCIPLINARY ACTION WILL BE TAKEN FOR INFRACTIONS OF THE FOLLOWING REGULATIONS:

- 1) The use of tobacco
- 2) Going outside the boundaries of the campus
- 3) Taking anything that does not belong to you
- 4) Verbally or physically threatening anyone or being involved in a fight
- 5) **Repeated infractions of any of the guidelines and expectations, 12 infractions in a 30 day period or use of drugs or alcohol will subject you to dismissal.**

Academic Discipline Policy: You are required to study during recreation until you have completed the studies you are behind in or passed the next class. You should be sitting alone and there should be no talking during this time.

Student Rights

“No Student shall be deprived of civil rights by reason of treatment. The Student shall not be discriminated against. The Student shall have the right to inspect his/her record. If the Student is denied access to his/her record, he shall have the right to appeal to this denial following the standard grievance procedure. The Student may request correction or removal of information from the file, may submit rebuttal of information in the records.”

Student Grievance Policy

In the event that a Student is unsatisfied with any aspect of the program, he may turn in a written grievance report to his assigned life consultant. His life consultant shall respond within 24 hours. If the Student is not satisfied he may report to the Director. The Student's case will be reviewed by the Director and he will issue a judgment on the matter.

ADMINISTRATION BUILDING

- 1) The Administration Offices are for taking care of business and are frequented by visitors. Therefore, all students are asked and expected to be in the Administration Offices only when it is absolutely necessary (work chores, appointments). Please be quiet and considerate.
- 2) All needs, questions, appointments, etc. are to be handled through the leadership on duty.
- 3) Students are not permitted in the offices without a permission slip from the leadership on duty.

TRANSFERING TO THE TRAINING CENTER IN PENNSYLVANIA

- 1) You must have successfully completed the 14 Group Studies and Personal Studies requirements in order to be eligible for transfer to the 10 month second phase in PA.
- 2) Social, emotional, and spiritual growth including attitude and overall behavior as a student will determine the time you will be transferred.
- 3) Families will be notified two (2) weeks in advance when a student may be eligible to be transferred to the Training Center and arrangements for a ten-hour visitation will be made at that time.
- 4) Transportation to the Training Center may be provided by immediate family if approved or arrangements to travel by bus will be made by Teen Challenge.
- 5) Each student will need \$120 cash for return bus fare and \$120 cash for transportation to the Training Center prior to being transferred.

DAILY SCHEDULE**Monday-Wednesday:**

6:00 am Wake-up & shower
 6:30 Breakfast
 7:00 Prayer
 7:30-8:00 Work Chores
 8:00-8:50 Chapel
 9:00-9:50 1st Class—Group Studies
 10:00-10:50 2nd Class—Personal Studies
 11:00-11:50 3rd Class—Group Studies
 12:00-12:30 pm Lunch
 12:30-1:00 Work Chores
 1:00 4th Class—Personal Studies
 2:00 Drama & choir practice
 3:00-3:50 5th Class—Personal Studies
 4:00-4:50 Free time & mail call
 5:00-5:30 Dinner
 5:30-6:00 Work Chores
 6:00 Study hall
 7:00-8:30 Recreation (Wed. church)
 9:00-9:20 Devotion
 9:30-10:00 Quiet time
 10:00 Lights out

Thursday & Friday:

6:00am Wake-up
 6:30 Breakfast
 7:00 Prayer
 7:30-8:00 Work Chores
 8:00-8:45 Chapel – Class
 9:00-11:45 Work Program
 12:00pm Lunch
 12:30-4:30 Work Program
 4:30-5:00 Showers
 5:00-5:30 Dinner
 5:30-6:00 Work Chores
 6:00-7:00 Study Hall
 7:00-8:30 Recreation
 9:00-9:20 Devotions
 9:30 Quiet time
 10:00 Lights out

Saturday

8:00 am – Wake-up
 8:30 – Breakfast
 9:00 – Prayer
 9:30 – Work Chores
 10:15-12-Recreation
 12:30-1pm – Lunch
 1:00-1:30 – Work Chores
 1:30-5:00 Recreation
 5:30 – Dinner
 5:30-6:00 – Work Chores
 7:00 – Chapel
 8:30 – Showers
 9:00-9:20 – Devotions
 9:30 – Quiet time
 10:00 – Lights out

Sunday

8:00am - Wake-up
 8:30 – Breakfast
 9:00 – Prayer
 9:30 – Work Chores
 10:00-12:00pm – Church
 12:30 – Lunch
 1:00 – Work Chores
 1:30-4:30- Rest
 5:00 – Dinner
 5:30 – Work Chores
 6:30* – Depart for Church
 8:30 – Showers
 9:00-9:20 – Devotions
 9:30 – Quiet Time
 10:00 – Lights Out

*Schedule may change according to service times

Sandhills Teen Challenge
“What to Bring” List
Maximum Allowable Items

1) Identification

-A Social Security Card is mandatory to bring with you

And any of the following:

-Driver's license

-Pictured ID

-Marriage certificate, mandatory, if you want to have contact with your wife.

2) Bed linens:

-Pillow

-Twin sheets & blanket

-Personal bath towels and washcloths (limit 3)

3) Personal items:

-Phone calling card

-Razor & blades

-Mouthwash (alcohol-free only)

-Shaving cream

-Toothbrush & toothpaste

-Hair dryer

-Shampoo

-Bar soap & deodorant

-Classroom supplies & stationery (envelopes, paper, stamps)

-Bible

-Shower shoes (rubber thongs)

-Clothes Hangers

4) Clothing (Please limit to 1 weeks worth) Remember, this is just a guideline.

-Casual slacks/khakis

-Casual shirts

-Dress pants

-Dress shirts

-Suit/dress coat (optional)

-Jeans/Work jeans

-Work shirts

-Under shorts & undershirts (10 pair)

-2 changes of gym clothes

-Socks

-1 bathrobe

-1 everyday coat suitable to work in

-1 pair dress shoes also suitable for class

-1 pair work shoes

-1 pair gym shoes

-Ties

-Belts

***No clothing having offensive logos or slogans will be tolerated. (Beer company name, rock music logos, sexual suggestions, etc.)

Limit the number of suitcases you bring to 2.

**PROSPECTIVE STUDENT ACKNOWLEDGMENTS REGARDING:
WORK ASSIGNMENTS IN WORK THERAPY PROGRAM**

Sandhills Teen Challenge
Southern Pines, North Carolina

Statement of Student Applicant:

- I understand that if I am admitted as a student, that I will be required to participate in the Teen Challenge program's Work Therapy Program.
- I acknowledge that I have read and fully agree with the TC program's description of its Work Therapy Program, which addresses the importance of my work assignments in helping to build in me the Biblical values of a good work ethic and the character of a responsible, upright individual.
- I understand that if I am admitted, I will be performing my work assignments not as an employee of Teen Challenge, but solely for my benefit, to further my spiritual growth and maturity, character development, recover from controlled substances, and readiness to go back into the work place.
- Accordingly, by submitting this Application, I am not applying for a position of employment, and if admitted, I understand I will not be receiving any compensation or in-kind benefits in exchange for the performance of any work assignments.
- I further understand that if I fail to perform my work assignments, Teen Challenge may revoke my status and privileges as a student, not because performance of work assignments are the consideration for the receipt of such status and benefits, but because each student's participation in the Work Therapy Program is a necessary and vital part of the recovery process.

Signature of Applicant

Date

Print Name

Signature of Witness

Date

Print Name (Witness)

Teen Challenge Training Center

Medical History and Physical Examination Form

PHYSICIANS: EVERY LINE WITH * MUST BE FILLED IN!

Name: * _____ Induction Center: * _____
 Birthdate: * _____ Social Security # * _____

The following lab work is **REQUIRED** for admission to the program and copies included at the time of entrance:

1.
 - A. RPR – Reactive or Non-reactive (*circle one*) * _____ (*date read*)
 - B. Liver Function tests * _____ (*date read*)
 - C. Hepatitis Screening, if indicated, based on history or abnormal liver function test results

* Circle pos. or neg. for each: **Hepatitis A** – Pos. or Neg.; **Hepatitis B** – Pos. or Neg.; **Hepatitis C** – Pos. or Neg.
2. TB testing is **MANDATORY** and results included should be no older than 6 months prior to admission to the Induction Center. Tetanus shot must be up-to-date with documentation or date given.

Tuberculin Test / PPD	Date: * _____ Size: * _____ Chest X-ray * _____
Tetanus Toxoid	Date :* _____

3. Immunizations should be up-to-date and include:

Measles * _____ *date performed* Mumps * _____ *date performed* Rubella * _____ *date performed*

4. Significant Medical Conditions:

	Yes	No	If Yes, please explain.
* ASTHMA			
* CARDIAC			
* CHEMICAL DEPENDENCY			
* DRUGS			
* ALCOHOL			
* DIABETES MELLITUS			
* GASTROINTESTINAL DISORDER			
* HEARING DISORDER			
* HYPERTENSION			
* NEUROMUSCULAR DISORDER			
* ORTHOPEDIC CONDITION			
* RESPIRATOR ILLNESS			
* SEIZURE DISORDER			
* SKIN DISORDER			
* VISION DISORDER			
* OTHER (SPECIFY)			

5. Current / routine medications:

	MEDICATION	DOSAGE
*	1.	
*	2.	
*	3.	
*	4.	

6. Please list any allergies you have to any medications, foods, or other substances:

* _____

7. Report of Physical Examination	Normal	Abnormal	If Abnormal, pleas explain.
* HEIGHT (INCHES) _____			
* WEIGHT (POUNDS) _____			
* TEMPERATURE _____			
* PULSE (_____)			
* BLOOD PRESSURE _____			
* HAIR / SCALP			
* SKIN			
* EYES – VISUAL ACUITY (R ___ / ___ L ___ / ___)			
* EYES – COLOR VISION			
* EYES – HEARING (dB – R ___ L ___)			
* NOSE AND THROAT			
* TEETH AND GINGIVAL			
* LYMPH GLANDS			
* HEART – MURMUR, ETC.			
* LUNG – ADVENTIOUS FINDINGS			
* ABDOMEN			
* GENITALIA			
* NEUROMUSCULAR SYSTEM			
* EXTREMITIES			
* SPINE (PRESENCE OF SCOLIOSIS)			

8. Physician's observations and comments (be specific):

* _____

9. General Appearance:

* _____

* _____

Name of Examiner (*please print*) Address *

* _____

Signature of Physician Date of Examination *

Form will be UNACCEPTABLE if examiner's title and address are ILLEGIBLE.